

Dear colleagues,

Welcome to the Autumn/Winter 22/23 edition of the South West newsletter!

Pressures on healthcare services and the people who deliver them remain as high as ever. With this in mind, we aim to bring you high quality, accessible programmes to meet your learning needs so you can support your local communities as effectively as possible. Let us show you what we have to offer and please do contact us if you cannot find what you need – we are here to help. View our full portfolio [here](#).

Autumn cohorts for [CPPE Leading for change](#) are NOW OPEN for applications from all pharmacy professionals working in ANY AREA of pharmacy. This program enables you to develop the behaviours required to become an inspiring and effective pharmacy leader.

Face to face workshops

We are excited to announce a return to some face-to-face workshops. For this semester we are running an [Optimising inhaler technique: improving outcomes](#) workshop in Bridgwater 7.30-9.30pm on Wednesday 11th January 2023.

Online workshops

Online workshops remain an incredibly popular option. New dates have now been released with a range of topics, including:

NEW [Opioid deprescribing in chronic pain](#) online workshop considers the safe and effective use of medicines, focusing on opioids, and how to use a person-centred approach to empower people to live well with pain.

[Type 2 Diabetes: Supporting people better](#) the aim of this learning programme is to explore the NICE guidance 2022 (Type 2 diabetes in adults: management) and how to integrate this into your current practice.

[Health inequalities: Focus on vaccine hesitancy Optimise](#) What will you say to the person who is not sure about having their flu jab or covid booster? Why might people be reluctant? How can you help them discuss their concerns? Come along to our online workshop to polish your skills to support people in their decisions around vaccines with confidence.

[Hypertension](#) online workshop will help you to apply NICE clinical guidance in practice to support the initiation and optimisation of therapy for people with hypertension. It will also explore how you can apply the principles of Shared Decision Making to encourage and support people to monitor and manage their hypertension.

Follow us on social media for regular updates on upcoming events.

Online learning

Explore our new learning gateways for [Genomics](#) and [Environmental sustainability](#), hot topics that will have an increasing impact on practice in the future.

Our popular [Shared decision making course](#) has been redeveloped into a self-directed e-course. Open to all you can now work through this course at a time and pace that suits you.

Support

As the pressures on the health service continue, you may feel fatigued, stressed or isolated. Find support and resources to help [here](#).

We look forward to seeing you at a learning event soon. Please contact us at lucy.chalkley@cppe.ac.uk, Claire.mckenzie@cppe.ac.uk or info@cppe.ac.uk for support with your pharmacy education needs.

Book now at www.cppe.ac.uk



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Dates and times may be subject to change.
Please check website for up-to-date information