

New topic this semester: Opioid deprescribing in chronic pain – focal point

The aim of this learning programme is to develop your skills and confidence to support people living with chronic pain. You will consider the safe and effective use of medicines, focusing on opioids, and how to use a person-centred approach to empower people to live well with pain.

Dates available (evening workshop 7pm-9pm):

November 15 th , 29 th (7.30pm to 9.30pm)
December 14 th

<https://www.cppe.ac.uk/programmes/e/pain-ew-01>

COPD

This learning programme aims to enable you to interpret and apply clinical guidance to support people living with COPD. You will consider how to optimise their treatment and use a person-centred approach to empower people living with COPD to self-manage their condition.

Dates available (evening workshop 7pm to 9pm):

October 4 th (7.30pm to 9.30pm)
November 16 th
December 8 th

<https://www.cppe.ac.uk/programmes/l/copd-ew-01/>

Type 2 Diabetes: supporting people better

The aim of this programme is to enable you to better support people with type 2 diabetes by applying the principles of the NICE guidance (NG28) into your practice. The workshop provides an opportunity to discuss with colleagues how these changes can positively support patient care; update your knowledge of the management of type 2 diabetes in line with new NICE guidance, help you and your patients to better manage this condition, including reducing complications and improving outcomes for people with type 2 diabetes.

Dates available (evening workshop 7pm-9pm):

October 11 th , 19 th	
November 2 nd , 17 th , 22 nd	December 13 th

<https://www.cppe.ac.uk/programmes/e/diabetes-ew-01>

Falls prevention

The aim of this workshop is to increase your understanding of falls and how the pharmacy team can help prevent and support those who have had a fall.

Dates available: (evening workshop 7pm to 9:15pm):

October 6 th , 11 th
November 17 th

<https://www.cppe.ac.uk/programmes/l/falls-ew-01>



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Dates and times may be subject to change.
Please check website for up to date information



Mental Capacity

This workshop will help you manage and optimise care for patients who might lack mental capacity to make a specific decision relating to their medicines.

Dates available (evening workshop 7pm to 9.15pm):

October 20 th
December 7 th

<https://www.cppe.ac.uk/programmes/l/mentalcap-ew-01/>

Medicines optimisation in care homes essential skills

The aim of this event is to support pharmacy professionals working in primary care to develop the knowledge, skills and confidence to implement strategies to optimise medicines use for people living in care homes. This workshop includes how to prioritise care home residents for structured medication reviews and advise on medicines in frail older people.

Dates available:

November 28 th – 9:30am– 12:00pm

<https://www.cppe.ac.uk/programmes/e/cpgpem3-ew-01>

Hypertension

This learning programme aims to enable you to interpret and apply clinical guidance to support people with hypertension. You will consider how to optimise their treatment and use a shared decision-making approach to empower people with hypertension to self-manage their condition.

Dates available (evening workshop 7pm to 9pm):

October 5 th , 17 th
November 7 th , 9 th , 22 nd , 28 th
December 5 th

<https://www.cppe.ac.uk/programmes/l/hyper-ew-01/>

Health inequalities: focus on vaccine hesitancy optimise

The purpose of this programme is to equip pharmacy professionals with the knowledge and understanding required to approach challenging conversations around vaccine hesitancy in a constructive way. Learning outcomes for the programme include explaining factors that contribute to vaccine hesitancy, establishing why a person may be vaccine hesitant through effective consultation skills and constructing appropriate responses to those who are vaccine hesitant to instill trust and build a rapport.

Dates available (evening workshop 7pm to 9pm):

October 11 th , 18 th , 19 th	Nov 1 st , 8 th (7.30pm to 9.30pm), 10 th , 24 th
December 6 th	

<https://www.cppe.ac.uk/programmes/e/health-ew-01>



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Emergency contraception

The aim of this programme is to enable pharmacy professionals to acquire the knowledge, develop the skills and demonstrate the behaviours needed to provide high-quality emergency contraception services as part of their pharmacy practice. It is an opportunity to hear from an expert in contraception and sexual health, to reflect on your current practice and share with your colleagues.

Dates available (evening workshop 7pm to 9.15pm):

October 10 th
November 1 st

<https://www.cppe.ac.uk/programmes/l/ehc-ew-01/>

NHS CPCS: essential skills

The *NHS Community Pharmacist Consultation Service: essential skills* programme aims to support pharmacists and trainee pharmacists to develop the knowledge, skills and confidence needed to undertake effective consultations, communications and clinical assessments in order to provide the NHS CPCS. The programme includes an e-course and an online workshop.

Dates available:

October 12 th , 16 th – 9:30am – 12:45pm
November 10 th , 14 th – 9:30am – 12:45pm
December 3 rd – 13:00 – 16:15pm

<https://www.cppe.ac.uk/programmes/e/cpcs-ew-01>



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