

## Pharmacy Service Specification

### LoR (Letter of Request)-Plus

#### Provision of Smoking Status Verification by Carbon Monoxide breath test for clients receiving NRT

This service specification is for the provision of Carbon Monoxide (CO) breath testing to verify 4- and 12-weeks smoking status of clients accessing support to stop smoking with Smokefree Somerset (SFS).

This process is intended for clients of SFS who are receiving Telephone Support and NRT by LoR, in order to verify their self-reported quit status at the 4 and 12-week stages of their treatment programme.

As part of a 12-week treatment programme with SFS, clients will receive free behaviour support and advice about suitable stop smoking medications from their Stop Smoking Practitioner (SSP). The SSP will arrange supply of stop smoking medications via direct supply or Letter of Request (LoR).

#### CO Breath Testing Service

This is a counter led service and the resources required to deliver this service will be provided by SFS, along with appropriate training on how to perform a CO breath test and how to interpret and report the readings, and cleaning and maintenance of the monitor.

**The CO monitor and associated resources provided by SFS are for the sole purpose of CO verification of clients receiving support with SFS, and not to be used if the pharmacy has signed up to the NHS England Enhanced Smoking Cessation Service.**

#### Tariff

As agreed by the LPC and Somerset Council (SCC) the tariff payable for providing this service will be:

- £5 per CO breath test at 4 and 12 weeks post quit

(CO breath testing by the pharmacy is only required at 4 and 12 weeks post-quit, not at other stages of the treatment programme. Any CO tests performed at other stages must not be claimed for and will not be reimbursed)

#### Records

Each CO breath test carried out shall be recorded immediately on PharmOutcomes

The CO reading must be recorded in ppm (parts per million)

The client ID must be recorded on PharmOutcomes along with the date of the test

All payments will be based on PharmOutcomes records and cross-checked with SFS records

The client must be informed of their CO breath test reading

### Incident reporting

Any accident or incident involving use of the CO monitor in relation to the Services shall be recorded by the Service Provider and should be reported to the Service Purchaser as soon as practicable by telephone in the first instance, with a written report within fourteen (14) days.

Please contact Smokefree Somerset on 01823 356222, and in the following order:

Caroline Brooks      email: [caroline.brooks@somerset.gov.uk](mailto:caroline.brooks@somerset.gov.uk)

Frederick Marais      email: [frederick.marais@somerset.gov.uk](mailto:frederick.marais@somerset.gov.uk)

### Summary of process

Sign and return Public Health Pharmacies Contract: LoR Plus (variation) to SCC

Pharmacy will receive a CO Monitor, a spare 'D' piece, disposable one-use mouth tubes, batteries, alcohol-free sanitising wipes, face-to-face training in the use of the monitor, interpreting readings, cleaning of the monitor

Client receives support to quit smoking as part of the SFS 12-week treatment programme



4 weeks and 12 weeks after the client's quit date: Client requested by their SSP to attend a specified pharmacy for CO breath test verification of their self-reported smoking status



SSP will indicate on the LoR that a 4 or 12 week CO breath test is required and send LoR to the specified pharmacy via Pharmoutcomes



Client will be advised to phone the pharmacy to agree a time to attend for the test



Pharmacy staff member to check for the LoR on Pharmoutcomes



Client attends at the agreed time, CO breath test performed



Complete Pharmoutcomes accurately for payment with Date of test, Client ID, Client name  
CO reading in ppm



Write down the CO reading and give to the client

**NB: CO validation must be completed before issuing any repeat medication at week-4**

**Only CO Breath tests requested by SFS will be reimbursed**

**Reordering of equipment:**

Please contact Smokefree Somerset

01823 356222

smokefreelife@somerset.gov.uk

Items to order:

Single use mouth pieces

D- pieces

Sanitising wipes

Batteries

CO monitors do not require calibration

Please report faulty CO monitor asap so that a replacement can be sent to your pharmacy

**CO monitors and associated resources remain the property of Smokefree Somerset and must be returned if the LoR Plus service contract is discontinued.**